

Emergency/Survival Kit:

- **Required:**
 - **Pocketknife** (**Totin' Chip Certification** must be earned granting a Scout the right to carry and use woods tools, which includes knives; *SEE INCLUDED NOTE)
 - **First-aid kit** (Referee to the included Personal First-aid Kit checklist)
 - **Extra clothing** (Referee to the included Basic Warm/Cold Weather Clothing checklist)
 - **Rain gear**
 - **Water bottle**
 - **Flashlight**
 - **Trail food**
 - **Matches and fire starters** (Flint and steel, Magnifying glass)
 - **Sun protection**
 - **Map and compass**

- **Optional but recommended:**
 - **Duct tape**
 - **Whistle**
 - **Signal mirror**
 - **Thin wire** (A few feet of thin wire can come in handy for repairing camping gear. Available at Home Depot or Lowes)
 - **Garbage bag** (Heavy-duty 39gal. preferably in a bright color)
 - **Fishing line and hooks**

Personal First-Aid Kit:

- **6 adhesive bandages**
- **2 sterile, 3-by-3-inch gauze pads**
- **A small roll of adhesive tape**
- **A small bar of soap or small bottle of alcohol-based hand sanitizing gel**
- **A small tube of triple antibiotic ointment**
- **Small folding scissors**
- **Disposable non-latex gloves**
- **CPR breathing barrier**
- **Pencil and paper**

Basic Warm-Weather Clothing Checklist:

- **T-shirt or lightweight short-sleeved shirt**
- **Hiking shorts**
- **Underwear**
- **Socks**
- **Long-sleeved shirt (lightweight)**
- **Long pants (lightweight)**
- **Sweater or warm jacket**
- **Ball cap**
- **Bandannas**
- **Rain gear** (Highly recommended is the Envy Lite 2 piece Jacket and Pants from the following "Scout" discount site @: <https://www.alpsmountaineering.com/alps/order>)
- **Appropriate hiking footwear**

Basic Cold-Weather Clothing Checklist:

- **Long-sleeved shirt**
- **Long pants (fleece, wool, or synthetic blend)**
- **Sweater (fleece or wool)**
- **Long underwear (polypropylene)**
- **Socks (wool or synthetic blend)**
- **Warm hooded parka or jacket**
- **Stocking hat (fleece or wool)**
- **Mittens or gloves (fleece or wool) with water resistant shells**
- **Wool scarf**
- **Rain gear** (Highly recommended is the Envy Lite 2 piece Jacket and Pants from the following "Scout" discount site @: <https://www.alpsmountaineering.com/alps/order>)
- **Appropriate cold/wet weather footwear**

Note: Knives

A sharp pocketknife with a can opener on it is an invaluable backcountry tool. Keep it clean, sharp, and handy. Avoid large sheath knives. They are heavy and awkward to carry, and unnecessary for most camp chores except for cleaning fish. Since its inception, Boy Scouting has relied heavily on an outdoor program to achieve its objectives. This program meets more of the purposes of Scouting than any other single feature. We believe we have a duty to instill in our members, youth and adult, the knowledge of how to use, handle, and store legally owned knives with the highest concern for safety and responsibility.

Remember—knives are not allowed on school premises, nor can they be taken aboard commercial aircraft.